



Introduction to Small Particle Flow Cytometry

What are “small particles”?

- Microorganisms such as:
 - Bacteria
 - Yeast
 - Algae
- Microparticles such as:
 - Exosomes
 - Microvesicles
 - Apoptotic microvesicles

Flow Cytometry and Small Particles

Appropriate controls and instrument maintenance are required to perform analysis on small particles:

1. Flow cytometer must be free from contaminations.
2. Appropriate to experiment controls needs to be used. That can include:
 - Size-calibrated beads
 - Filtered PBS
 - Unstained and stained controls

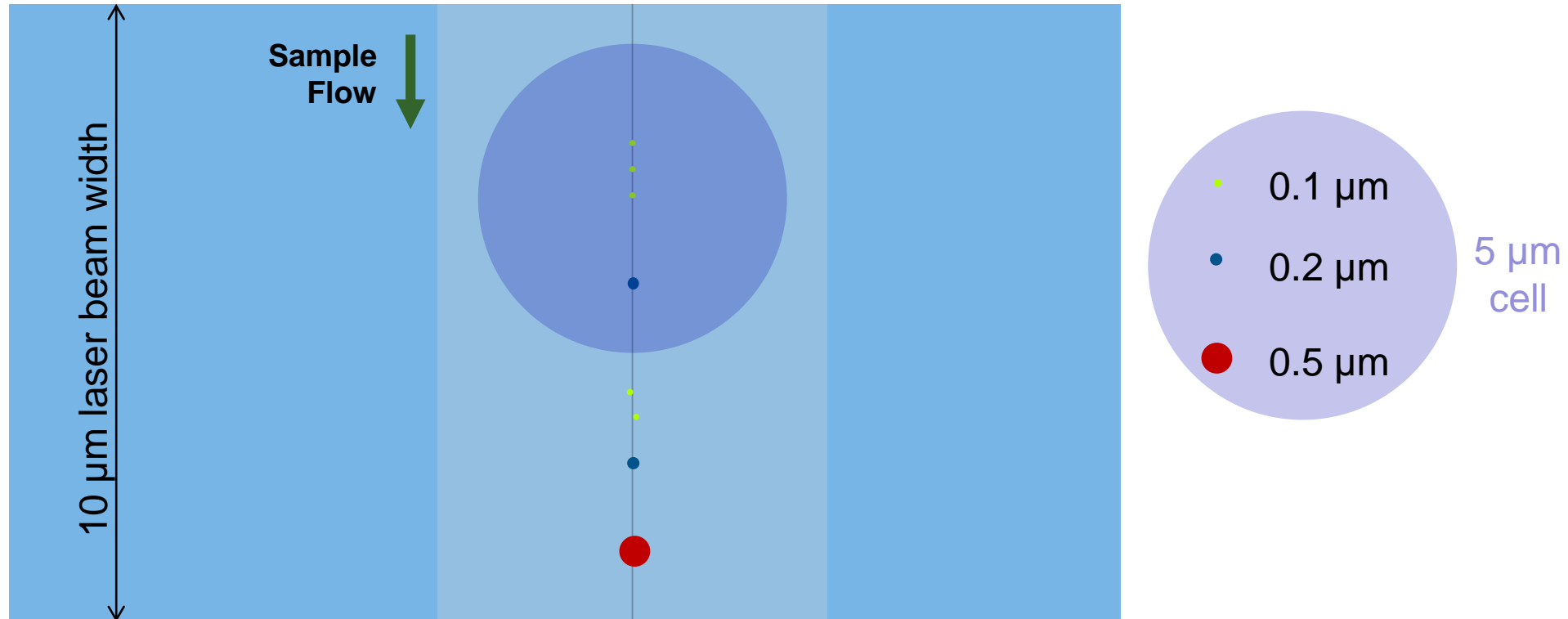
Important sample guidelines

Sample Flow Rate	Max. Sample Concentration	Particle Size	Particle Velocity
1000 $\mu\text{L}/\text{min}$	2.1×10^6 cells/mL	- Particles > 4 μm - Predominantly acoustic focusing	8 m/sec*
500 $\mu\text{L}/\text{min}$	4.2×10^6 cells/mL	- Particles > 2 μm - Predominantly acoustic focusing	8 m/sec*
200 $\mu\text{L}/\text{min}$	6.7×10^6 cells/mL		4 m/sec
100 $\mu\text{L}/\text{min}$	1.3×10^7 cells/mL		
25 $\mu\text{L}/\text{min}$	2×10^7 cells/mL	- Small particles < 2 μm - Best resolution from background for dimly positives assays	4 m/sec
12.5 $\mu\text{L}/\text{min}$	2×10^7 cells/mL	- Smallest sample core - Predominantly hydrodynamic focusing	

*Higher flow rates may show some loss of sensitivity

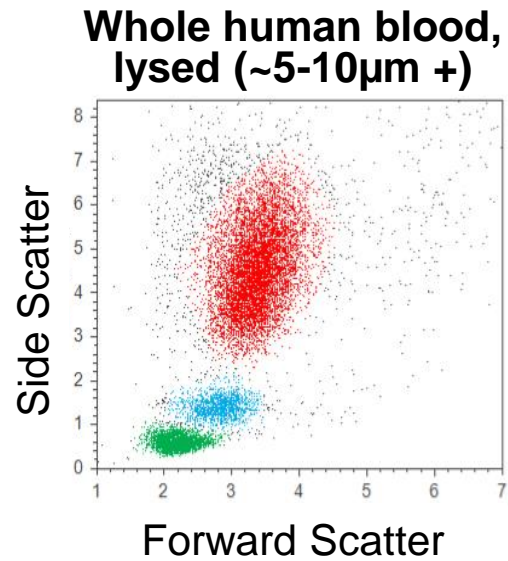
Eliminate coincident events

- Sample preparation
 - Ensure to have single cells using an appropriate method for your cells or particles (i.e. vortex, EDTA...), and avoid too much concentrated samples
 - **Sample dilution is essential for smaller events!**

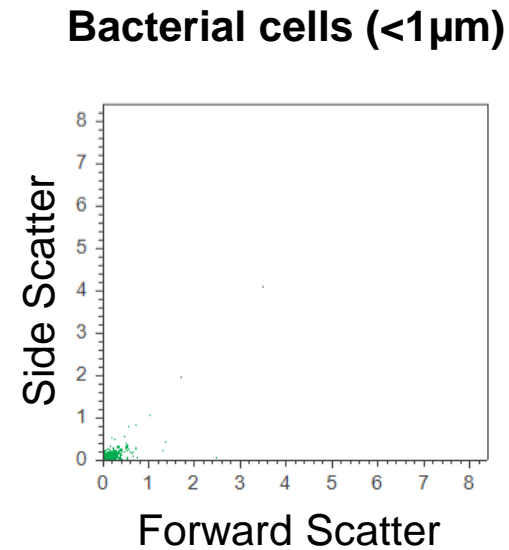


Visualization of your population

- A scatter plot is displayed with the axis on a linear scale by default
- This display is ideal for most eukaryote cells analysis, such as human blood analysis



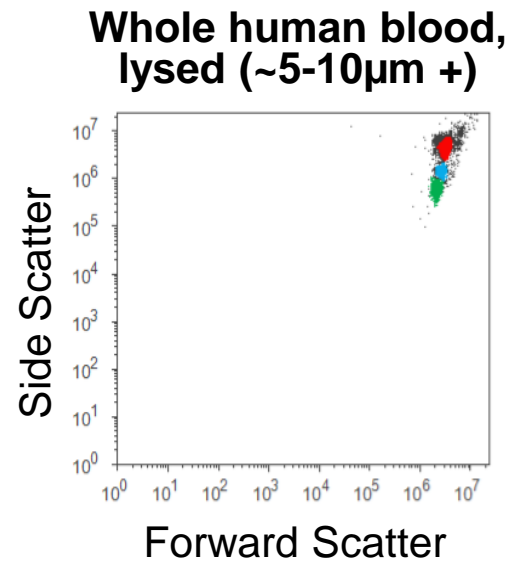
Linear scale



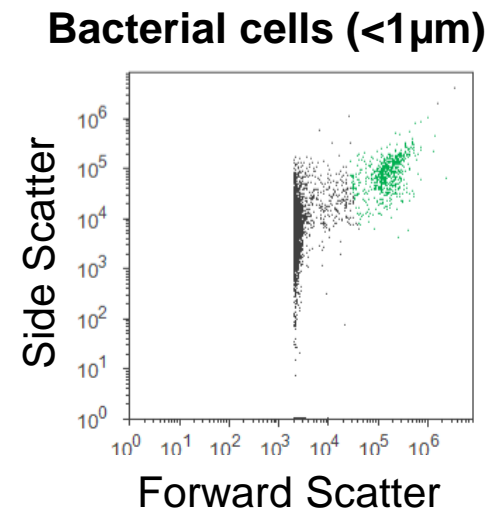
- But not adequate for small events

Visualization of your population

- In order to be able to distinguish small particles from the noise we need to change those axis to a logarithmic scale



Log scale



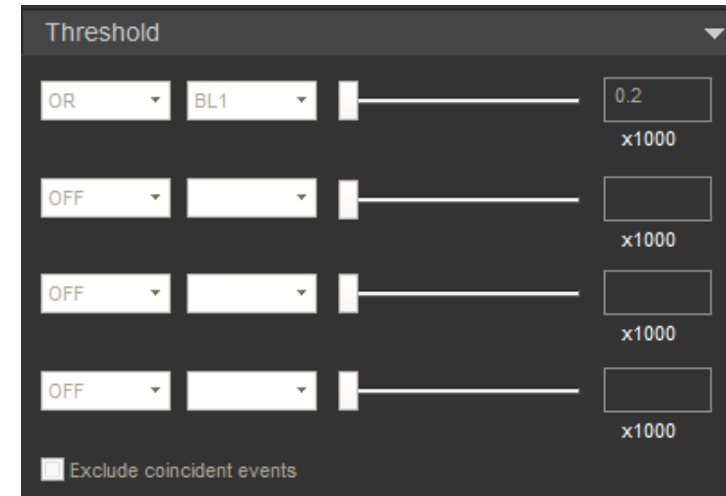
Visualization of your population

- It is usually recommended to use the height of the voltage pulse rather than the area
 - For small size events, the height of the pulse generally allow a better resolution of populations.
 - It is less sensitive to coincident events and allow to work with more concentrated samples
- Using different parameters to find your populations
 - For very small events (typically under 500nm) the separation on the forward scatter (FSC) is not possible on most standard flow cytometers including the Attune NxT
 - It is then recommended to use the side scatter (SSC) and a fluorescent channel

**THE KEY OF A SUCCESSFUL EXPERIMENT
IS TO SELECT PROPER PMT VOLTAGES
AND THRESHOLD**

Use threshold

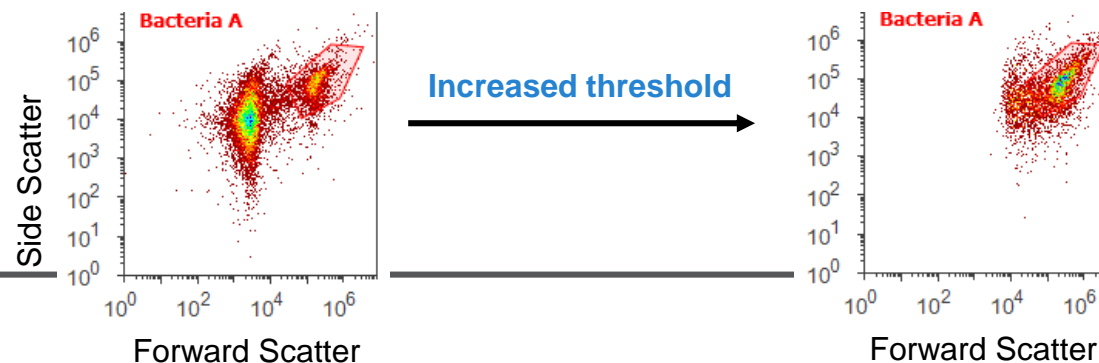
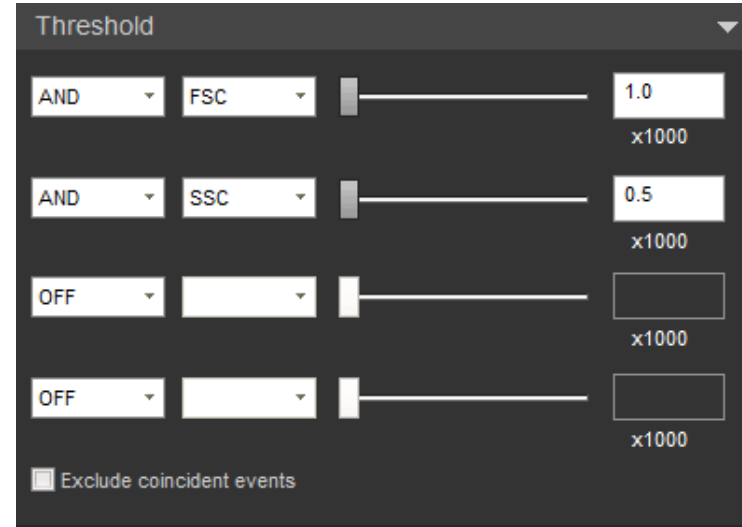
- Setting the Attune™ instrument settings is key to correct identification of the bacterial population of interest. Optimal settings are found with a balance of threshold and PMT voltage.
 - *If your cells/particles are labeled:* select a fluorescent threshold in the channel of interest by adding a fluorescence threshold of interest to “Or”. The only events recorded upon sample run are those events emitting fluorescence above this threshold.
 - *Upon sample run:* Increase the forward and side scatter PMT voltages until the population of interest is visualized in the SSC vs FSC density plot.



Use threshold

- *If your cells/particles are not labeled:* Select both a forward and side scatter threshold by selecting “And”. Once selected, lower the FSC and SSC thresholds from 10,000* to ~500.
- *Upon sample run:* Increase the forward and side scatter PMT voltages until you can differentiate the population of interest from electronic noise and/or debris. This will be easiest to visualize if the FSC and SSC threshold are set at 2,000 at the start.
- Gradually increase the FSC and SSC thresholds until electronic noise/debris is eliminated and only cells remain visible.

*Note: the default value is 25,000



Minimize the noise

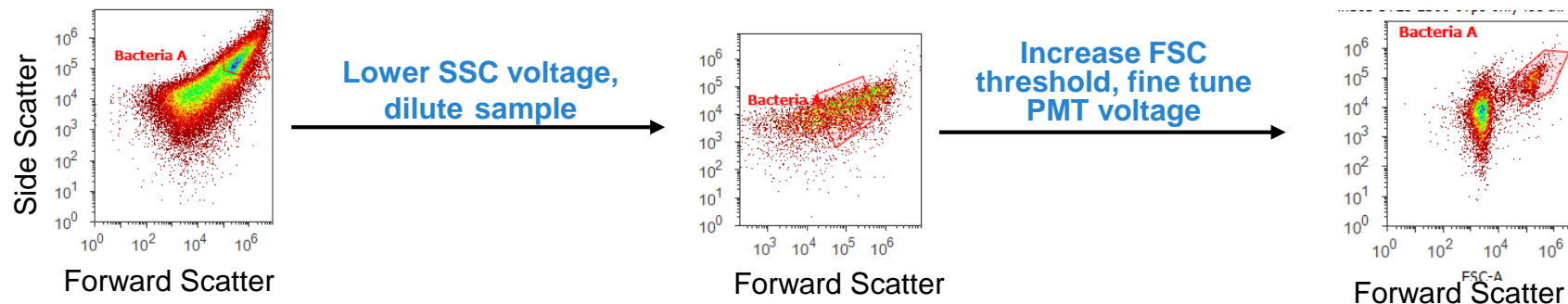
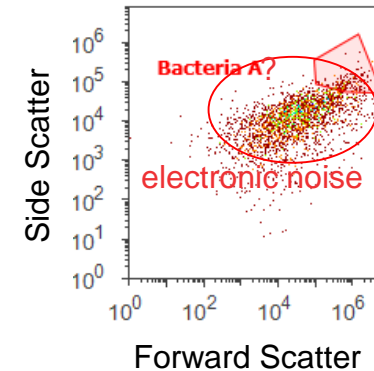
Noise can make population identification difficult and can come from different sources:

- Instrument
 - Source of noise:
 - Stray light
 - Low-level electronic signals
 - How to reduce it:
 - Serviced and well aligned / performances tested
 - Decontaminate regularly, at least quarterly or as needed
 - Focusing fluid filtered at 0.1 μm for events of a size $< 500\text{nm}$
 - Match your focusing fluid salt concentration with your sample

If I can't find my cells or particles?

If your cells are unlabeled, differentiating the bacterial population from electronic noise and debris will take practice.

- Get comfortable with electronic noise:
 - You can see events on your plots when there is nothing in your sample (e.g.: 0.2 μ m filtered water). **This is normal.**
 - Expect to observe very high event rates. Event rate will be higher the lower the scatter thresholds are.
- Learn how to adjust instrument settings to differentiate your population of interest.
 - Incorrectly set PMT voltages and threshold settings can lead to frustration.



Tips for sample preparation

- Use a fluorescent marker
 - *Helps define microbial population*
- Understand the fluorescent marker
 - *Organisms stained? Appropriate controls?*
- Take care to reduce “noise”
 - *Filter buffers through a 0.1 μm filter or smaller*
 - *Use buffers with similar refractive index as “sheath”*
- Take care to avoid aggregation
 - *Use appropriate cell concentrations*
 - *Employ doublet discrimination*

- Control sample are needed to validate the quality of your data
- You will always need:
 - **Negative control: stained buffer/medium only**
 - **Negative control: non stained cells**
 - **Appropriate positive controls**

Carryover and Instrument Background

- Carryover is likely to be high for smaller particles.
- If carryover is detected or feared, there are some ways to minimize it:
 - Run an extra rinse between samples
 - For concentrated samples: Sanitize Attune SIP between sample
 - Using the AAS: increase the number of rinses between wells
 - Clean your instrument more often (using Deep Clean function)
 - Always run a thorough shutdown
 - Always use freshly prepared bleach

Key learning messages

- Be familiar with the noise
- Play with voltage and threshold
- Prepare the right controls (negative, positive, buffer only...)
- Setup plot as logarithm and using height
- Use fluorescence to discriminate from background
- Have a clean and properly maintained instrument
- Setup threshold on fluorescence
- There is no standards for microvesicles
- Use filtered solutions
- Dilute sample to avoid several events at the same time in front of the laser
- Use low flow rate for very small particles